

HardisonInk.com



Eight spaces open for free caregiver class

Story and Photo

By Jeff M. Hardison

© April 6, 2017 at 10:07 a.m.

DIXIE COUNTY -- Bianca Blackshear of Elder Options hopes to find eight people who want to learn about caring for their loved ones who have health problems

from dementia, especially those who suffer from Alzheimer's disease.

Alzheimer's disease is a progressive disease that destroys memory and other important mental functions. It's the most common cause of dementia, which is a group of brain disorders that results in the loss of intellectual and social skills.

Blackshear's area is Dixie, Gilchrist, Lafayette and Levy counties to help people through Elder Options, a federally-funded program to help older Americans.

The program is titled Savvy Caregivers. Blackshear is the instructor who will meet with the first eight people to register for the free educational program that lasts seven weeks for two hours each Tuesday afternoon starting on May 2 from 1 to 3 p.m.

The classes will be held at Cross City Nursing and Rehabilitation Center – 583 N.E. Highway 351 in Cross City– down the road from the Dixie County Courthouse.

The program is free. To learn more about it or to register, call Blackshear at 352-692-5233.